

Town of Durham

Parks & Recreation

SUMMER GUIDE 2018



Durham



Parks & Recreation

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Our Mission:

Durham Parks and Recreation offers a wide range of quality programs, parks, and facilities that encourage all community members to participate in healthy, fun, and enriching activities. Together, with the residents of Durham, we celebrate the essential role public recreation plays in fostering a cohesive and vibrant community.



Follow us!



Durham Rec

[durhamnhrec](https://www.durhamnhrec.com)

Web: durhamrec.recdesk.com

Phone: (603) 817-4074

Email: recreation@ci.durham.nh.us

Bringing Community

Together!



Durham Parks & Recreation Summer Staff

Rachel Gasowski, Parks & Recreation Director
rgasowski@ci.durham.nh.us (603) 817-4074

Andrea DiCristoforo, Assistant Director
adicristoforo@ci.durham.nh.us (603) 817-4074

AK Walker, Camp Counselor

Anna Sourdif, Camp Counselor

Cameron St. Ours, Camp Assistant

Lauren Reid, Camp Assistant

DPR Office

2 Dover Road
Durham, NH 03824
(603) 817-4074

recreation@ci.durham.nh.us



Parks & Recreation Committee Members

Kasey Morneault, Chair	3 Year Term
Nate Fitch	3 Year Term
David Leach	3 Year Term
Sam Lewis	3 Year Term
Michael Drooker	3 Year Term
Kenny Rotner, Cncl Rep.	3 Year Term

The Durham Parks & Recreation Committee meets the third Thursday of each month at 7:00pm at Town Hall.

Please visit ci.durham.nh.us for meeting agenda and minutes.

If you have questions for the Park and Recreation Committee please contact Committee Chair, Kasey Morneault at: kem5962@gmail.com

Registration & Policies

REGISTRATION

To register for any program visit us online at durhamrec.recdesk.com. Those paying online will pay a service fee on total transaction.

You may also visit the Parks & Recreation office to register. We accept payment in cash, checks or credit/debit cards. Once per year, participants must complete a Medical/Emergency form and waiver. These forms will be kept on file and participants must notify us with any revisions/changes as they happen.

Each program session is considered a new class. All individuals must register for all sessions they wish to participate in. Please remember that you are not automatically registered into additional sessions until your registration is complete, including payments.

REFUND POLICY

- If Durham Parks & Recreation cancels a program, the participants will receive a 100% refund (or credit to your account if preferred)
- Withdrawals that are three working days prior to the start of a program will receive a full refund after a \$20 processing fee is charge. If you opt for an in-house credit to your account, the \$20 processing fee will be waived.
- For less than three working days prior to the start of the program, a 50% credit will be applied to your in-house account
- On trips, there is no refund policy unless we can find a replacement. If a replacement is found, you will receive a full refund minus the \$20 processing fee.

Mistakes Happen!

Occasionally there may be an error in days, times, registration requirements or fees in our program guide, flyers or website. When such errors do occur, DPR will do everything possible to correct the situation promptly. We thank you for your patience and understanding when these situations arise.

Photo Policy

By registering for a class, activity or event, you give us permission to take and publish photos of your participation, along with photo identification. Pictures may be used in brochures, flyers, website and social media channels.

Don't Wait To Register!

Nothing kills a recreation program faster than those who wait until the last minute to register. There is a point when a program must be cancelled if there is insufficient registration. All programs require a level of scheduling, staffing and purchasing of equipment/supplies. **SO PLEASE REGISTER EARLY!!!**



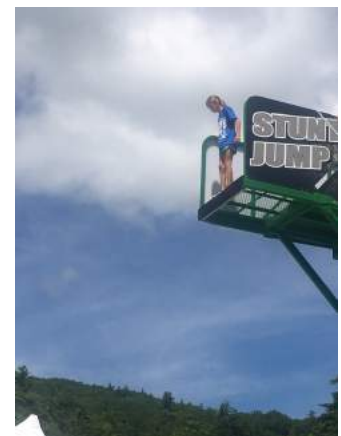
FRIDAY

FIELD TRIPS

WEEK	CAMP	WHO	TIME	COST	LOCATION
6/25-6/29 (Mon.-Fri.) Register by 6/1 at durhamrec.recdesk.com	Gadgets & Contrations Deep Blue Sea	Entering K-5	9am-12pm <i>(Supervised lunch for those registered for both camps)</i> 1pm-4pm	\$175/Camper, per camp OR \$285/Camper for both Camps	Churchill Rink at Jackson's Landing
7/9-8/9 (Mon.-Thurs.) Register by 6/1 at sendmoneytoschool.com	Camp R.E.A.C.H (5 wk. partnership camp with ORCSD)	Entering grades 1-6	12pm-5pm (ORCSD offers morning camps)	\$100/student per week	Oyster River Middle School
7/13-8/10 (Fridays) Register by 6/1 at sendmoneytoschool.com	Camp R.E.A.C.H Friday Field Trips	Entering grades 1-6	8:30am-5pm	\$50/camper, per trip	Oyster River Middle School
8/13-8/17 Register by 8/6 at durhamrec.recdesk.com	Outdoor Adventure Week	Ages 10-15	8:30am-5pm	\$365/camper	Oyster River Middle School
8/20-8/24 Register by 8/13 at durhamrec.recdesk.com	Adventure Paddle Camp	Ages 10-15	9am-4pm	\$365/camper	Wagon Hill Farm

Friday Field Trips

- Friday, July 13th - Mini Golf & Blitz Air Park
- Friday, July 20th - Polar Caves & Wellington State Park
- Friday, July 27th - Off Beat Owl & Jenness State Beach.
- Friday, August 3rd - Island Kayak Adventure
- Friday, August 10th - Funtown Splashtown USA



EXPLORE!

Trips & Travels

FOR TEENS

Adventure
awaits

TUBE THE PEMI RIVER!

\$50/person July 16th Depart from Oyster River Middle School at 8:30 am for a fun-filled, leisurely 10-mile float in a tube down the Pemigewasset River on calm, Class I water. Tubes and life jackets will be provided. Please bring a bag lunch, water, bug spray, swimsuit/towel and extra sunscreen. We will return to ORMS at 5:00 pm. **Ages 12+.**

GUNSTOCK PREMIUM ADVENTURE!

July 23rd \$100/person Depart from ORMS at 8:30 AM for an adventure-filled day at Gunstock Mountain Resort in Gilford, NH. We will spend our day soaring above the trees on one of the longest zip line canopy tours in the Continental US. We will also explore the Aerial Treetop Adventure, Explorer ATA Course, Mountain Coaster, Lift Rides, and all of the other features Gunstock has to offer. Please bring a bag lunch, water, bug spray, swimsuit/towel and extra sunscreen. We will return to ORMS at 5:00 pm. **Ages 12+.**

POTTERY MAKING/PAINTING!

August 8th \$50/person Depart from ORMS at 8:30 AM for a day of creativity and fun at Portland Pottery, in Portland, ME. Participants will be able to get their hands dirty and make their very own pottery bowls with instruction on how to use the pottery wheel. Afterwards, participants will be able to paint the pottery they made. We will explore Portland for the day and will return to ORMS at 5:00 pm. **Ages 12+.**

Pre-registration required at: durhamrec.recdesk.com.
Min of 5, Max of 12 for each trip.



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EXPLORE!

Trips & Travels

FOR ADULTS

Adventure
awaits

PEABODY ESSEX MUSEUM!

July 18th Spend the day exploring the Peabody Essex Museum in Salem, MA. Durham Parks & Recreation will take care of the transportation so you can relax and enjoy a day at the museum without the worry of traffic and parking. We will depart the Oyster River Middle School at 9:30am and plan to return by 5:00pm. **\$10/person for transportation. Participants cover their admission fee at the museum.**

EXPLORE THE OLD PORT!

July 25th There is so much to do and see in Portland, ME...jump on the Casco Bay Lines to explore Peaks Island, walk around the historic cobble stone streets in the Old Port, or sample amazing foods from some of the best restaurants around. Durham Parks & Recreation will take care of the transportation so you can relax and enjoy a day exploring without the worry of traffic and parking. We will depart from the Oyster River Middle School at 9:00am and plan to return by 5:00pm. **\$10/person for transportation.**

ART IN THE VINES!

July 15th Enjoy a trip to Zorvino Vineyard for their Art In The Vines event. An array of New England's finest artists and photographers will be featured from 10am-5pm. Enjoy the beautiful scenery of the vineyard while you sip, snack and shop. Each artist will have their own display and items for sale. You will have the opportunity to meet the artists behind the work! Zorvino Vineyards food concessions, alcoholic and non-alcoholic beverages will be available for purchase during the show. There's no better way to spend a summer day. Please visit zorvino.com for more information on the vineyard and this event. We will depart the Oyster River Middle School at 9:00am. **\$10/person for transportation.**

Pre-registration required at: durhamrec.recdesk.com.
Min of 5, Max of 12 for each trip.



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COMMUNITY EVENTS

Summer 2018

Family Campout- Saturday, June 23rd –Sunday, June 24th 2018. 4pm-9am.



June is National Camping Month and DPR is celebrating with a special night of camping out at **Wagon Hill Farm** with the family! Saturday evening we will supply dinner, campfire, and s'mores, and on Sunday a light breakfast will be available. A camping checklist will be provided to those registered. **Pre-registration is required at durhamrec.recdesk.com.** \$35/family.

Party at Pettee Brook- Saturday, July 14th 2018 (more info to come on this NEW event)

Picnic In The Park- Wednesday, July 18th 2018 6:00pm

Pack a picnic dinner and join us for an evening at Jackson's Landing Playground to play and enjoy a live kid-friendly performance of **Tolba & the Earthdiver** by the **Little Red Wagon** from UNH. Participation is FREE! Rain or Shine.



Music On Main- Thursday, August 2nd 2018 6:00-8:00pm



Meet on Main Street for an evening of family fun and live music by FLING. A portion of Main Street will be closed for this event. Several of the local businesses join in to offer activities, sweet treats and special deals!! Participants can look forward to a bounce house, cotton candy, ice cream eating contest (fee to participate), crafts, games & more! This is a family friendly event for all ages. Event rain date: Thursday, August 9th 6-8pm.

Summer Splash- Sunday, August 12th 2018 6:00-8:30pm

Durham Parks and Recreation and Committee invite you to the UNH outdoor pool for a fun night out with others from the community! Enjoy live music, a potluck style picnic dinner and family fun in and around the pool!! This is a **FREE** community event for all ages. Please visit durhamrec.recdesk.com for a link to sign up for the potluck dinner.



Durham Day at Wagon Hill Farm- Saturday, September 22nd 2018



Free community BBQ, boat tours, informational booths, family activities, live music & more! Participation is FREE.

Summer Music Classes

Beginner Bluegrass/Old Time Fiddle Session

Beginners will be able to explore bluegrass music in a group setting. With guided instruction learn the basic music theory, how to get the fiddle “sound” and the 12 bar blues.

Monday’s, 6:15 – 7:15 pm.

Intermediate Bluegrass/Old Time Fiddle Session

Participants will build on their fiddle skills in a group setting and will learn how to play by ear, how to improvise, learn rhythm, harmony lines, in addition to the 12 bar blues... and much more!

Monday’s, 7:30 – 8:30 pm.



WHEN?

The classes run in two, 5 week sessions from June 18 – July 16, and July 30 – August 27, on Monday’s. (Times vary per class).

WHERE?

Durham Parks & Recreation Building.

OTHER INFORMATION

A limited amount of fiddles will be supplied in class, participants should contact the Parks & Rec office to inquire about instrument rentals. Ages 12 – adult. Cost \$75, per session.

Beginner Guitar & Ukulele

Beginners will be able to dive into learning how to play the guitar/ukulele in a group setting. With instruction, participants will learn a variety of songs in a relaxed group atmosphere.

Wednesday’s, 5:00 – 5:50 pm.

Ukulele Ensemble

In this group setting, participants will play a variety of pop, jazz, folk and rock music. No prior experience is necessary.

Wednesday’s, 6:00 – 7:00 pm.

WHEN?

These classes run in a 6 week session from July 18 – August 22, on Wednesdays. (Times vary per class).

WHERE?

Durham Parks & Recreation Building.

OTHER INFORMATION

Participants must provide their own instrument. Ages 12 – adult. Cost \$80 per person, per class.



For more class information or to register, please visit durhamrec.recdesk.com

Fitness & Wellness Classes

Summer 2018

Bootcamp: A total body-cardio and strength workout. Sprints, plyometric, ladder drills, and strength training. All are welcome; go at your own pace. **Tuesdays & Fridays at 6:45am at Old Landing Park. \$50/ 8 class pass, \$10/drop-in.**



Pilates: Core and flexibility training wrapped into one hour. Improve your flexibility, gain core strength, and overall body tone. **Mondays 8am at Old Landing Park, Wednesdays at 6:30pm and Saturdays 10am at Oyster River Middle School (MPR). \$50/8 class pass, \$10/drop-in.**

Strength & Stretch: A total body strength training class that will hit all of the major muscle groups. **Wednesdays & Fridays at 8:00am at Old Landing Park. \$50/ 8 class pass, \$10/drop-in.**



Zumba: A dynamic, easy to follow, cardio-dance fitness class. This is a party in a workout, complete with a variety of music to get you up and moving. All are welcome, just jump in and join the party! **Mondays & Wednesdays at 5:30pm and Saturdays at 9:00am at the Oyster River Middle School (MPR). \$50/ 8 class pass, \$10/drop-in.**

Please Note: Bootcamp, Pilates and Strength & Stretch classes will move indoors to the Durham Parks & Rec. Building during inclement weather.

Tai Chi, Advanced: Suited for individuals who have Tai Chi experience. Participants will work on the 24 form, tai chi fan, a stick form and qigong exercises. **Fridays at 4:30pm at the Parks & Rec. building. \$50/person (6 classes) or \$10/drop-in.**



Tai Chi, Beginner: This class will combine Tai Ji Quan: Moving for Better Balance with traditional tai chi and qigong exercises. Slow gentle movements focus on strength and balance. Suitable for beginners. **Tuesdays & Thursdays, 9am at the Parks & Rec. \$120/person (16 classes) or \$10/drop-in.**

Yoga: All levels are welcome! Come check us out, your first class is free! Our certified Yoga teachers are sensitive to creating an environment that is flexible and accommodates all levels. **Classes take place Mondays at 6am & 5pm at the Parks & Rec. building. \$40 per 8-week session. \$10 /drop-in.**



Yoga At Wagon Hill Farm: Meet at Wagon Hill Farm for a **FREE** yoga class. Please bring a mat or blanket, sunscreen, bug spray and water. Instructors will rotate weekly. This class is cancelled in the case of inclement weather. Please meet at the wagon for this weekly class. **Offered Wednesdays, 5-6pm June 6th - October 3rd.**

Pick-up Pickleball: This is a low-impact doubles racket sport that blends tennis, badminton and ping pong. Pick-up style play for all levels and abilities. All equipment provided. **Tuesday, Wednesday & Friday evenings from 6-8pm at the Oyster River Middle School Gymnasium. Participation is FREE.**



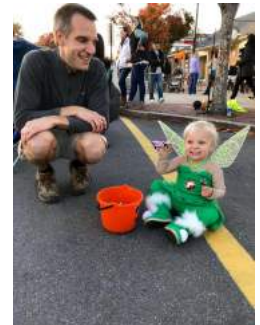


Upcoming Events



Downtown Trick-or-Treat Saturday, October 27th 2018

Join us for a fun Saturday afternoon of trick-or-treating the downtown Durham businesses! Those participating in Trick-or-Treating should meet in Mill Plaza at the open space between Bella's and Federal Saving Bank. A list/route of designated trick-or-treat stops will be distributed at the meeting location in Mill Plaza. Participation is FREE.



Feather Fest Thursday, November 22nd, 2018

This is a collaborative event between Durham Parks & Recreation & ORPP for local children and their families. Join us at Wagon Hill Farm at 10am for some fun and fresh air before the feast! Follow the trail of feathers to the bay for a sweet treat and a make-it-at-home craft!!

Tree Lighting Celebration Saturday, December 1st 2018



Join us downtown on Main Street from 6-8pm for the Annual Tree Lighting Celebration. Enjoy raffles, bonfire, s'mores, hot cocoa, holiday crafts, photo bus, ice sculpting demonstration, and much more! Visit with Santa and be there as we light up the tree for the holiday season!

Please visit us at durhamrec.recdesk.com for a full list of seasonal programs and online registration. Follow us on Facebook: "Durham Rec" and on Instagram: "durhamnhrec" for program/event updates and general department information.

Thank you for all of your support of Durham Parks & Recreation!